



ARMOUR Residential REIT, Inc. Confirms July 2026 Common Share and Q3 2026 Series C Preferred Share Dividends

July 1, 2026

VERO BEACH, Florida, July 01, 2026 (GLOBE NEWSWIRE) -- ARMOUR Residential REIT, Inc. (NYSE: ARR and ARR-PRC) ("ARMOUR" or the "Company") today confirmed the July 2026 cash dividend for the Company's Common Stock, consistent with the previous guidance which the Company released on June 24, 2026. The Company also confirmed the Q3 2026 monthly cash dividend rate for the Company's Series C Preferred Stock.

July 2026 Common Stock Dividend Information

Month	Dividend	Holder of Record Date	Payment Date
July 2026	\$0.24	July 15, 2026	July 30, 2026

Q3 2026 Series C Preferred Stock Dividend Information

Month	Dividend	Holder of Record Date	Payment Date
July 2026	\$0.14583	July 15, 2026	July 27, 2026
August 2026	\$0.14583	August 15, 2026	August 27, 2026
September 2026	\$0.14583	September 15, 2026	September 28, 2026

Certain Tax Matters

ARMOUR has elected to be taxed as a real estate investment trust ("REIT") for U.S. Federal income tax purposes. In order to maintain this tax status, ARMOUR is required to timely distribute substantially all of its ordinary REIT taxable income. Dividends paid in excess of current tax earnings and profits for the year will generally not be taxable to common stockholders. Actual dividends are determined at the discretion of the Company's Board of Directors, who may consider additional factors including the Company's results of operations, cash flows, financial condition and capital requirements as well as current market conditions, expected opportunities and other relevant factors.

About ARMOUR Residential REIT, Inc.

ARMOUR invests primarily in fixed rate residential, adjustable rate and hybrid adjustable rate residential mortgage-backed securities issued or guaranteed by U.S. government-sponsored enterprises or guaranteed by the Government National Mortgage Association. ARMOUR is externally managed and advised by ARMOUR Capital Management LP, an investment advisor registered with the Securities and Exchange Commission ("SEC").

Safe Harbor

This press release includes "forward-looking statements" within the meaning of the safe harbor provisions of the United States Private Securities Litigation Reform Act of 1995. Actual results may differ from expectations, estimates and projections and, consequently, you should not rely on these forward-looking statements as predictions of future events. Words such as "expect," "estimate," "project," "budget," "forecast," "anticipate," "intend," "plan," "may," "will," "could," "should," "believes," "predicts," "potential," "continue," and similar expressions are intended to identify such forward-looking statements. These forward-looking statements involve significant risks and uncertainties that could cause the actual results to differ materially from the expected results. The Company disclaims any obligation to release publicly any updates or revisions to any forward-looking statement to reflect any change in its expectations or any change in events, conditions or circumstances on which any such statement is based, except as required by law.

Additional Information and Where to Find It

Investors, security holders and other interested persons may find additional information regarding the Company at the SEC's internet site at www.sec.gov, or the Company website at www.armourreit.com, or by directing requests to: ARMOUR Residential REIT, Inc., 3001 Ocean Drive, Suite 201, Vero Beach, Florida 32963, Attention: Investor Relations.

Investor Contact:

Gordon M. Harper
Chief Financial Officer
ARMOUR Residential REIT, Inc.
(772) 617-4340

